

Foundations Dance Academy

2026-2027 Schedule

Belleville Studio

Version as of 06/13/2026

TURNING POINTE

MIND OVER MATT

BROADWAY BOUND

MON	MRS FINN
4:15-5:30	FT - Ballet - Advanced 2 (E)
5:30-6:30	PT/FT - Ballet - Petite 2 (R)
6:30-7:45	FT - Ballet - Intermediate 2 (E)
7:45-9:00	FT - Ballet - Senior 2 (E)

MON	MISS TARA
4:30-5:30	FT - Ballet - Junior 2 (E)
5:30-6:15	FT - Tap - Inter 2 / Senior / Adv (T) (R)
6:15-7:30	FT - Jazz - Senior / Advanced (T)
7:30-8:15	FT - Demi / Intro To Pointe (T)
8:15-9:15	FT - Ballet - Intermediate 1 (E)

MON	MISS MACKENZIE / MISS BELLA
4:30-5:30	FT/PT - Jazz - Petite 2 (R)
5:30-6:30	FT - Jazz - Junior 2 / Intermediate 1 (T)
6:30-7:00	FT/PT Lyrical - Petite 2 / Junior (R) Optional
7:00-7:30	FT/PT - Tap - Petite 2 (R)
7:45-8:30 (B)	FT - Jazz - Intermediate 2 (E)
8:30-9:00 (B)	FT - Comp - Intermediate 2

TUES	MISS TARA
4:15-5:15	FT - Ballet - Intermediate 1 (E)
5:15-6:30	FT - Jazz - Intermediate 2 (T)
6:30-7:30	FT - Ballet / Pointe - Inter 2 / Senior / Adv (T) (R)
7:30-8:30	FT - Ballet - Junior 2 (E)
8:30+	TBC

TUES	MISS DANA / MISS BELLA
4:15-5:15	FT - Acro - Inter 2 / Senior / Advanced (E)
5:15-6:00	FT/PT - Acro - Petite 2 (R)
6:00-6:30	FT/PT - Comp - Petite 2
6:30-7:30	FT - Acro - Junior 2 / Inter 1 (E)
7:30-8:45 (B)	FT - Jazz - Senior 2 / Advanced 2 (E)
8:45-9:30 (B)	FT - Tap - Intermediate 2 / Senior 2 (E)

TUES	MISS MACKENZIE
4:45-5:15	FT - Tap - Junior 1 (E)
5:15-5:45	FT - Tap - Junior 2 (E)
5:45-6:30	FT - Jazz - Junior 2 / Intermediate 1 (E)
6:30-7:00	FT/PT - Comp - Petite 2
7:00-7:30	FT/PT - Comp - Petite 2
7:30-8:15	FT/PT - Lyrical Intermediate / Senior / Advanced (R) Optional
8:15+	FT - Comp - TBC

WED	MRS FINN
4:15-5:45	FT - Ballet / Pointe - Intermediate 2 (E)
5:45-6:30	PT/FT - Ballet - Petite 1 + 2 (R)
6:30-7:30	PT/FT - Ballet - Junior 2 / Inter 1 (T) (R)
7:30-8:45	FT - Ballet - Senior 2 / Adv 2 (E)
8:45-9:30	FT - Pointe - Senior 2 / Adv 2 (T)

WED	MISS DANA
4:30-5:00	PT - Comp - Petite / Junior 1
5:00-5:45	PT/FT - Acro - Petite 1 + 2 (R)
5:45-6:45	PT/FT - Acro - Inter 2 / Senior / Adv (T) (R)
6:45-7:30	PT/FT - Jazz Tricks - Inter 2 / Senior / Adv (T) (R)
7:30-8:30	PT/FT - Acro - Junior 2 / Inter 1 (T) (R)
8:30-9:00	FT - Comp - TBC

WED	TBA (or Miss Bella)
5:15-5:45	PT/FT - Tap - Junior 2 / Inter 1 (T) (R)
5:45-6:30	PT/FT - Jazz Tricks - Junior 2 / Inter 1 (T) (R)
6:30-7:15	PT/FT - Jazz - Petite 1 + 2 (R)
7:15-7:45	PT/FT - Tap - Petite 1 + 2 (R)
7:45-8:30	PT - Ballet - Inter / Senior (T) (R)
8:30-9:00	PT - Tap - Inter / Senior (T) (R)

Studio Level

2 + yrs	Tiny
3 + yrs	Mini 1 and 2
5 + yrs	Tyke 1 and 2
7 + yrs	Petite 1 and 2
9 + yrs	Junior 1 and 2
11 + yrs	Intermediate 1 and 2
13 + yrs	Senior 1 and 2
15 + yrs	Advanced 1 and 2

THUR	TBA
4:45-5:15	Acro - Mini (R)
5:15-5:45	Tiny Tumblers (R)
5:45-6:15	Acro - Tyke (R)

THUR	TBA
4:45-5:15	Tiny Tutus (R)
5:15-5:45	Hip Hop - Mini / Tyke (R)
5:45-6:15	Ballet / Jazz - Mini (R)
6:15-6:45	Tap - Mini / Tyke (R)
6:45-7:15	Ballet - Tyke (R)
7:15-7:45	Jazz -Tyke (R)

Legend	
(R)	Recital class
(E)	Exam class
(T)	Technique class
FT	Performance Dance Troop full-time stream
PT	Performance Dance Troop part-time stream

SAT	Miss Danika
9:00-9:30	Acro - Mini (R)
9:30-10:00	Tiny Tumblers (R)
10:00-10:30	Acro - Tyke (R)
12:00-12:30	Mini/Tyke Musical Theatre (R)

SAT	TBA
9:00-9:30	Tiny Tutus (R)
9:30-10:00	Hip Hop - Mini / Tyke (R)
10:00-10:30	Ballet / Jazz - Mini (R)
10:30-11:00	Tap - Mini / Tyke (R)
11:00-11:30	Ballet - Tyke (R)
11:30-12:00	Jazz - Tyke (R)

Note: Students not on the Performance Dance Troop may register for classes marked with an (R) unless otherwise invited

Note: Ballet exam candidates as of the Junior 2 studio level require two exam classes per week

There will be one designated rehearsal day for rehearsals not already included above. A detailed competition rehearsal schedule will be added after July 2026.

Lyrical, contemporary, hip hop, and jazz funk for Junior 1 and above will be trained in a weekly "Performance Class". To be added on designated rehearsal day.